

MEDICINE + SPORTS CONFERENCES 2022



MEDICINE
+ SPORTS
CONFERENCE

1 SEPTEMBER 2022
SINGAPORE ASIA



MEDICINE
+ SPORTS
CONFERENCE

16 + 17 NOVEMBER 2022
DÜSSELDORF GERMANY



MEDICINE + SPORTS CONFERENCES



3rd MEDICAL FAIR ASIA MEDICINE + SPORTS CONFERENCE | 01 September 2022 in Singapore
- At the region's leading medical trade show MEDICAL FAIR ASIA -

10th MEDICA MEDICINE + SPORTS CONFERENCE | 16 – 17 November 2022 in Dusseldorf
- At the world's largest medical trade show MEDICA -

The MEDICINE + SPORTS CONFERENCE ecosystem was founded in 2013 at MEDICA, the world's largest medical trade show with more than 120,000 visitors and 5,500 exhibitors. The conference has been THE highlight of MEDICA for the past nine years and will once again be held during MEDICA 2022. In 2016, this worldwide hotspot for innovation and networking made its way also to ASIA in Singapore. The MEDICAL FAIR ASIA MEDICINE + SPORTS CONFERENCE is the benchmark event for sports medicine and related disciplines in Asia.

The MEDICINE + SPORTS CONFERENCES have been established as the leading interdisciplinary exchange platforms between international sports medicine experts, professional athletes and sport techies, the sporting goods and healthcare industries. This platform fosters new exchange formats, new sport medical therapies, and innovative products for prevention, recovery and population health management. International sports medicine experts present the latest innovations and approaches in sports medicine in tailored conference programs.

The MEDICA MEDICINE + SPORTS CONFERENCE have been recognized by the medical chambers as advanced training events for 9 years and are associated with the acquisition of category A advanced training points.

FACTS & FIGURES



- Established exchange platform for:
 - Sports medicine, sports science and healthcare professionals
 - Athletes
 - Healthcare industry
 - Sports and fitness industry
 - ICT industry
- International conferences at MEDICAL FAIR ASIA in Singapore (01 September 2022) and MEDICA in Dusseldorf (16-17 November 2022)
- The conferences are a part of the largest medical fairs in the world.
 - MEDICAL FAIR ASIA is Asia's leading event for medical and healthcare industries with +1,000 exhibitors in 2018.
 - Conference area located near the "Sports Medicine Pavilion" where fair exhibition space is also available
 - MEDICA is world's largest medical trade fair with +5,500 exhibitors.
- Network with 200+ high-level international participants and learn from 25+ expert speakers, drivers and doers
- See the latest innovations and cutting-edge products and technologies
- Learn more about innovative methods and technologies for prevention, therapy and recovery

TESTIMONIALS



01 September | SINGAPORE



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Prof. Dr. Herbert Löllgen

Sports Cardiology, Member Executive Comm. EFSMA,
Honorary President of German Sports Medicine
Association

"I would like to compliment you on the MEDICA MEDICINE + SPORTS CONFERENCE, the perfect organization and the excellent program, starting with Mr. Sebastian Kienle, Prof. Barbara Wessner, Dr. Aaron Rubin and Prof. Dr. Yannis Pitsiladis. An excellent and varied program, well moderated and very well attended. This event is a highlight at the end of the year in sports medicine. A very good overview is offered here, and this event can be regarded as the new standard."

Dr. Andre Debruyne

President EFSMA (European Federation of Sports
Medicine)

"Excellent. I have not seen so many innovative things before at a conference – a lot of new insights and other looks on sports medicine. That is very important."

Heidi Dohse

Founder Tour de Heart, Program Manager
Google

"I am amazed by new more and more technology coming up from individual features to now full solutions that contribute a great benefit to patients and people's lives."

Prof. Dr. Scott Paluska

Clinical Professor University of Illinois at Urbana-Champaign,
Department Head Christie Clinic Sports Medicine, FACSM

"Thank you again. I greatly enjoyed attending the meeting and found it to be excellent. I think the collaboration between ACSM and MEDICA is robust and rewarding and will be something we continue to develop in the future."

Marc Meurer

Polar

"The exchange between sports science and industry is very important. Sometimes sports science is not well informed what the industry actually can do to support them. Platforms like the MEDICA MEDICINE + SPORTS CONFERENCE are very important to strengthen this network!"

Dr. Joni Kettunen

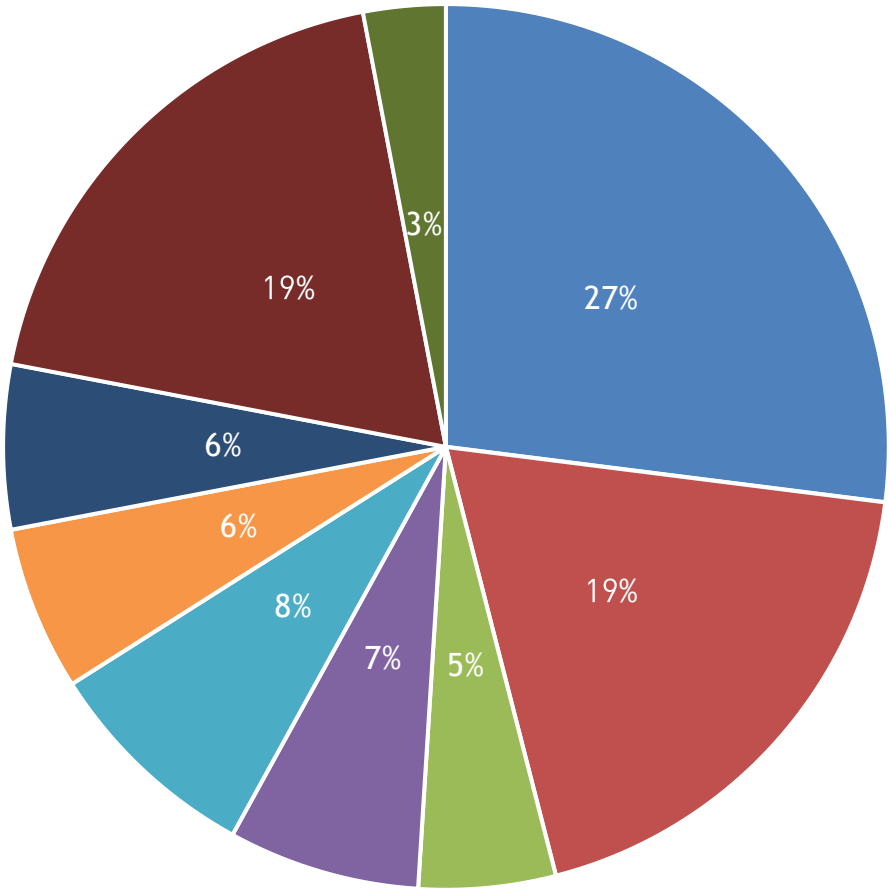
CEO, Firstbeat

"It is a great set of experts here at the conference. We had the chance to get a good access to the sports medicine network as the right contact persons are onsite. And we are really happy to contribute our real case studies to the sport medical and sport science experts."

PARTICIPANT BREAKDOWN



BREAKDOWN BY CONFERENCE SEGMENT



- Sports Medicine Experts/ Sports Physicians/ General Practitioners
- Sports Scientists/ Sports Techies/ Athletes
- Associations/ Institutions
- Physiotherapists/ Trainers
- Prevention and Rehabilitation Centers/ Clinics
- Opinion Leaders/ Multipliers
- Research/ Universities
- Medical Equipment Companies
- Others

3rd MEDICAL FAIRASIA MEDICINE+ SPORTS CONFERENCE Program* | 01 September 2022



- 09:00 h **Conference Welcome by MFA, AFSM & SMAS**
- 09:30 h **Session 1** – Sports and Exercise in the Pandemic (supp. by SSMC@CGH, EIMS & SMAS)
COVID-19 and Physical Inactivity – Active Health Ecosystem – DIY: Maximise Exercise with Wearables & Apps
- 11:15 h **Session 2** – Injury Prevention & Return to Play Evidence Practice (supp. by AFSM)
Injury Prevention – Movement Analysis – New Approaches in Diagnostics
- 12:30 h **Networking Lunch**
- 13:30 h **Session 3** – Optimizing Performance and Recovery in Elite Sports (supp. by AFSM)
Individualization of Training – Sports Psychology – Recovery – Fatigue Science
- 15:00 h **Session 4** – Performing Arts Medicine (supp. by SSMC@CGH, EIMS & SMAS)
Individualization in Diagnostics and Training – Dance - Instrumental - Voice
- 17:00 h **Session 5** – Digital Innovations in Sports and Healthcare
Wearable Technologies – Health apps – Digital Tools for Diagnostics, Training and Rehabilitation
- 17:30 h **Summary and Closing Remarks**



10th MEDICA MEDICINE + SPORTS CONFERENCE

Program* | 16-17 November 2022



01 September | SINGAPORE



16-17 NOVEMBER | DUSSELDORF

- 13:00 h **Conference Welcome and Keynote**
- 13:25 h **Session 1** – Sports and Exercise in Pandemic Times
Return to Sports and Long Covid – COVID-19 and Physical Inactivity – Post Pandemic Agenda for Population Health
- 15:00 h **Session 2** – Sports for Health
Prevention of NCD – Active Health Ecosystem – DIY: Apps and Home Training – Corporate Health
- 16:30 h **Session 3** – Guided Innovation Tour
- 10:00 h **Session 4** – Evidence-Based Diagnostics and Wearable Technologies
Vital Data and Performance Monitoring – Genetics Cripsr Cas9 – AI - Wearables
- 13:30 h **Session 5** – Tailored Exercise Programs
Personalization – Gender – Regeneration
- 15:30 h **Session 6** – Performance Medicine
Performance Medicine – Athlete Empowerment – Regeneration
- 16:30 h **Session 7** – Digital Innovations in Sports & Healthcare
- 17:30 h **Summary & Closing remarks**



* PROGRAM SUBJECT TO CHANGE

3rd MEDICAL FAIR ASIA

MEDICINE+ SPORTS CONFERENCE Program* | 01 September 2022



09:00h **Conference Welcome by MFA, AFSM & SMAS**

09:30h **Session 1** – Sports and Exercise in the Pandemic (supp. by SSMC@CGH, EIMS & SMAS)

COVID-19 and Physical Inactivity – Active Health Ecosystem – DIY: Maximise Exercise with Wearables & Apps

Dr. Fadzil Hamzah, Senior Staff Registrar, Sport & Exercise Medicine, Changi General Hospital:
“A Tale of Two Pandemics: COVID-19 & Physical Inactivity”

Dr. Joshua Li Zhongyi, Registrar, Sport & Exercise Medicine, Changi General Hospital:
“Exercise and Return to Play after COVID-19”

Dr. Shannon Chia Jingyi, Manager Planning & Research Active Health, Sport Singapore:
“A “100-Year” Perspective with Active Health”

Dr. Lim Baoying, Registrar, Sport & Exercise Medicine, Changi General Hospital:
“Maximising Exercise with Wearables & Apps”

11:15 h **Session 2** – Injury Prevention & Return to Play Evidence Practice (supp. by AFSM)

Injury Prevention – Movement Analysis – New Approaches in Diagnostics

Prof. Patrick Yung, President, Asian Federation of Sports Medicine (AFSM), Chairman, Department of Orthopaedics and Traumatology, The Chinese University of Hong Kong, Hong Kong:
“Sports Injury Prevention – Where we are & where we go?”



3rd MEDICAL FAIR ASIA

MEDICINE+ SPORTS CONFERENCE Program* | 01 September 2022



Dr. Kam Ming Mok, Co-Op Member, Asian Federation of Sports Medicine (AFSM), Assistant Manager (Physical Education), Office of Student Affairs, Lingnan University, Hong Kong:

“We judge from what we see – Evidences from movement analysis”

Ms. Kate Yung, Physiotherapist, Strength & Conditioning Specialist:

“Return to play- a perspective from the complex systems approach”

12:30 h **Networking Lunch**

13:30 h **Session 3** – Optimizing Performance and Recovery in Elite Sports (supp. by AFSM)
Individualization of Training – Sports Psychology – Recovery – Fatigue Science

Dr. Raymond So, Executive Committee Member, Asian Federation of Sports Medicine (AFSM), Director, Elite Training Science & Technology, Hong Kong Sports Institute, Hong Kong:

“The current trend of recovery in elite sports training”

Dr. Byran Lau, Chief Medical Executive, Hong Kong Sports Institute, Hong Kong:

“Yoga Medicine for sports recovery”

Mr. Hardaway Chan, Senior Scientific Conditioning Coach, Elite Training Science & Technology Division, Hong Kong Sports Institute, Hong Kong:

“Application of Velocity based monitoring on strength and power training in elite sportsmen”

Ms. Ka Kay Lo, Sports Development Manager, The Centre for Sports and Exercise, The University of Hong Kong:

“How mindfulness enhance sports performance during the games”





15:00 h **Session 4** – Performing Arts Medicine (supp. by SSMC@CGH, EIMS & SMAS)
Individualization in Diagnostics and Training – Dance – Instrumental – Voice

Dr. Mandy Zhang, Consultant, Sport and Exercise Medicine, Changi General Hospital:
“Bridging the doctor-dancer relationship in medical consult”

Ms. Adda Sue, Physiotherapist and dancer:
“Injury prevention and recovery strategies for dancers”

Dr. Lim Ang Tee, Consultant Sport & Exercise Medicine, Changi General Hospital:
“Incidence of Musculoskeletal problems in the musician”

Ms. Christine Goh Shi-En, Senior Occupational Therapist, Changi General Hospital:
“Healthy hands for musicians: Principles and practice”

Prof. Lu Kuo Sun Peter, Senior Consultant, Otorhinolaryngology – Head & Neck Surgery Changi General Hospital
“Hearing Problems in Performance Artists”

Dr. David Lau, Specialist in Otorhinolaryngology, Advanced ENT Centre:
“When should I see the doctor for my voice, and other medical aspects of voice care”





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16 - 17 NOVEMBER | DÜSSELDORF

17:00 h Session 5 – Digital Innovations in Sports and Healthcare

Wearable Technologies – Health apps – Digital Tools for Diagnostics, Training and Rehabilitation

Mr. Reimut Hellmerichs, Vice President Business Development EMEA, KINEXON Sports & Media GmbH:

“When Intelligent performance management for player health”

17:30 h Summary and Closing Remarks



PREVIOUS SPEAKERS



Prof. Dr. med. Wilhelm Bloch
Head of Department,
Molecular & Cellular Sports
Medicine | German Sports
University Cologne



Meg Burich
Senior Director, Digital
Sports | adidas



Prof. Dr. Jonathan Clark
Medical Director | Red Bull
Stratos Project; Professor of
Neurology, Space Medicine and
Preventive Medicine | Baylor
College of Medicine Houston



Carl Foster
Professor for Exercise and Sport
Science | University of
Wisconsin La Crosse; Director |
Human Performance Laboratory



Sebastian Kienle
Ironman World Champion



Prof. Dr. Yannis Pitsiladis
Professor of Sport and Exercise
Science | University of Brighton,
Member of Medical and
Scientific Commission IOC



Prof. Dr. Fiona Bull
Program Manager for the
Prevention of NCD | World
Health Organization; President of
the International Society for
Physical Activity and Health



Christian Stammel
Founder & CEO |
WT | Wearable
Technologies



Mark Verstegen
NFL PA
Performance
Director; Founder &
President | EXOS

COOPERATION PARTNERS ⁽¹⁾



Fédération Internationale de Médecine du Sport (FIMS)

FIMS is a structured and well-organized association, strongly committed to the promotion of the study and development of sports medicine throughout the world. FIMS is made up of continental and national sports medicine associations, as well as multinational groups and individual members. www.fims.org



American College of Sports Medicine

ACSM is the largest sports medicine and exercise science organization in the world. With more than 45,000 members and certified professionals worldwide, ACSM is dedicated to advancing and integrating scientific research to provide educational and practical applications of exercise science and sports medicine. www.acsm.org



Asian Federation of Sports Medicine

The Asian Federation of Sports Medicine was inaugurated in 1990 at the time of the 11th Asian Games in Beijing. It is one of the multi-national continental federations under supervision of the International Federation of Sports Medicine (FIMS). The main objective of the AFSM is to foster the promotion of sports medicine in Asia. www.afsmsportsmed.org



European Federation of Sports Medicine Associations

EFSMA is a not-for-profit association having its legal seat in Lausanne, Switzerland. The EFSMA is recognized by the International Federation of Sports Medicine (FIMS). www.efsma.net

COOPERATION PARTNERS ^[2]



German Association for Sports Medicine and Prevention (DGSP)
With its 9.000 medical members, DGSP is one of the biggest professional associations in Germany. The DGSP is the main institution in the fields of sports medicine, as well as healthcare and health prevention by physical activity. www.dgsp.de



The German Society of Sport Science (DVS)
The German Society of Sport Science (Deutsche Vereinigung für Sportwissenschaft, abbr.: DVS) is a federation of researchers active in teaching, research or practice, and it was founded in Munich in 1976. Their mission is to encourage and support research in sport science. www.sportwissenschaft.de



Exercise is Medicine Europe
The European Initiative for Exercise in Medicine is the European part of global Exercise is Medicine®, a global health initiative that is focused on encouraging primary care physicians and other health care providers to include physical activity when designing treatment plans for patients and referring their patients to EIM Credentialed Exercise and Exercise Professionals.



Exercise is Medicine Singapore
Exercise is Medicine Singapore (EIMS) is a programme hosted by Changi General Hospital to make physical activity and exercise a standard part of preventing and treating diseases. Exercise is Medicine Singapore is the Singapore chapter of the American College of Sports Medicine's (ACSM) global Exercise is Medicine initiative. The national EIM Task Forces are grouped into regional centres, where Singapore is the Asia EIM regional centre headquarters.
www.eims.sg

COOPERATION PARTNERS ^[3]



Sports Medicine Association Singapore

Sports Medicine Association Singapore (SMAS) is the professional body for sports medicine and sports science professionals in Singapore. It is the local organization that represents and embodies the multi-disciplinary approach of Sports Medicine and brings together the wide-ranging expertise of sports medicine, sport orthopaedic, sports science and sports therapy professionals in one integrated community. www.sportsmedicine.org.sg



Singapore Sport & Exercise Medicine Centre @ Changi General Hospital (SSMC@CGH)

Singapore Sport & Exercise Medicine Centre @ Changi General Hospital (SSMC@CGH) is the largest multidisciplinary sports medicine centre in Singapore for the management of chronic diseases through exercise, diagnostic and treatment modalities, dietetic services, performance enhancement and exercise testing, athlete pre-participation screening, customised exercise prescription, and weight management. Equipped with the latest technologies and an in-house gym, SSMC@CGH is committed to helping individuals recover quickly from sports injuries, and return them to their previous level of sports safely.

www.cgh.com.sg/ssmccgh



Sport Singapore

As the national sports agency, Sport Singapore's core purpose is to inspire the Singapore spirit and transform Singapore through sport. Through innovative, fun and meaningful sporting experiences, our mission is to reach out and serve communities across Singapore with passion and pride. Sport Singapore uses sport to create greater sporting opportunities and access, more inclusivity and integration as well as broader development of capabilities. www.sportsingapore.gov.sg / www.myactivesg.com.

COOPERATION PARTNERS ⁽⁴⁾



The European Platform for Sport Innovation (EPSI)

The European Platform for Sport Innovation is a membership-based networking organization within Europe that focuses on innovation in the areas of physical activity related to sport, leisure and health. EPSI strives for a more innovation-friendly environment for the EU sports industry, in order to stimulate technological innovation and to set up businesses with a focus on innovative technology. www.epsi.eu



Federation of the European Sporting Goods Industry

The Federation of the European Sporting Goods Industry (FESI) is the pre-competitive platform representing the interests of the sporting goods industry in Europe, advancing its members' priorities and promoting initiatives that benefit the sector, EU citizens and the society as a whole. <https://fesi-sport.org/>



Innovations in Professional Sports (WISS)

Innovation network founded in 2015 by the Federal Institute of Sports Science.

<https://wiss-netz.de/>



WT Wearable Technologies AG

WT | Wearable Technologies is the pioneer and world leading innovation and market development platform for technologies worn close to the body, on the body and even in the body. Since 2006 the platform has successfully established an ecosystem of more than 30,000 companies. WT | Wearable Technologies offers consulting, business development, technology marketing, and innovation introduced to the market. WT organizes international conferences and tradeshows in partnership with leading trade organizations. www.wearable-technologies.com

PREVIOUS INDUSTRY PARTNERS



01 September | SINGAPORE



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PARTNERSHIP OPPORTUNITIES



- MAIN PARTNERSHIPS -	DUSSELDORF	SINGAPORE	DUS + SGP
SILVER LEVEL	€2,500	€2,500	€4,000
GOLD LEVEL	€4,900	€4,000 (incl. 3 days MFA exhibitor)	€7,500
DEMO TABLE	€2,500	€3,200 (incl. 3 days MFA exhibitor)	€4,000
PLATINUM LEVEL (Available on demand for 1-2 partners)			

- FURTHER PARTNERSHIPS -

GUIDED INNOVATION TOUR (Available only Dusseldorf)	€3,900
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*Discounts for start-ups available. Additional branded material & giveaways on request.

PARTNERSHIP OPPORTUNITIES



01 September | SINGAPORE



16 - 17 NOVEMBER | DÜSSELDORF

SILVER LEVEL

DUSSELDORF

€2,500

SINGAPORE

€2,500

DUS + SGP

€4,000

- ✓ Branding as silver partner in all conference material
- ✓ Logo and short description in all conference media (website, printed agenda, roll-ups, banners)
- ✓ Naming of the company in all press activities
- ✓ Promotional opportunities at conference cooperation partner events
- ✓ 2 tickets for MEDICA MEDICINE + SPORTS CONFERENCE / 2 tickets for MEDICAL FAIR ASIA MEDICINE + SPORTS CONFERENCE
- ✓ Participation in get-together of the conference
- ✓ One-on-one business matching

PARTNERSHIP OPPORTUNITIES



01 September | SINGAPORE



16 - 17 NOVEMBER | DÜSSELDORF

GOLD LEVEL

DUSSELDORF

€4,900

SINGAPORE

€4,000

DUS + SGP

€7,500

- ✓ Branding as gold partner in all conference material
- ✓ Integration in Guided Innovation Tour at MEDICA
- ✓ 2-day demo table at conference exhibition area at MEDICA
- ✓ 3-day exhibition counter on trade show floor at MEDICAL FAIR ASIA
- ✓ Logo and short description in all conference media & website
- ✓ Naming of the company in all press activities
- ✓ Integration in promotional newsletters of the conference

- ✓ 3 tickets for MEDICA MEDICINE + SPORTS CONFERENCE
- ✓ 3 tickets for MEDICAL FAIR ASIA MEDICINE + SPORTS CONFERENCE
- ✓ Participation in get-together of the conference
- ✓ One-on-one business matching

PARTNERSHIP OPPORTUNITIES



01 September | SINGAPORE



16 - 17 NOVEMBER | DÜSSELDORF

DEMO TABLE ONLY

DUSSELDORF

€2,500

SINGAPORE

€3,200

DUS + SGP

€4,000

- ✓ 2-day demo table in the conference exhibition area at MEDICA
- ✓ 3-day exhibition counter on trade show floor at MEDICAL FAIR ASIA
- ✓ 1 ticket for MEDICA MEDICINE + SPORTS CONFERENCE
- ✓ 1 ticket for MEDICAL FAIR ASIA MEDICINE + SPORTS CONFERENCE
- ✓ Participation in get-together of the conference

PARTNERSHIP OPPORTUNITIES



01 September | SINGAPORE



16 - 17 NOVEMBER | DÜSSELDORF

PLATINUM LEVEL

AVAILABLE ONLY ON DEMAND FOR 1-2 PARTNERS

- ✓ Branding as Platinum Partner in all conference material
- ✓ A speaking slot in the conference program
- ✓ Integration in Guided Innovation Tour at MEDICA
- ✓ 2-day demo table at conference exhibition area at MEDICA
- ✓ 3-day exhibition counter on trade show floor at MEDICAL FAIR ASIA
- ✓ Logo and short description in all conference media & website
- ✓ Naming of the company in all press activities
- ✓ Integration in promotional newsletters of the conference
- ✓ Chance to publish an individual statement in the press releases
- ✓ Possibility to hand out marketing material in the conference room
- ✓ 5 tickets for MEDICA MEDICINE + SPORTS CONFERENCE
- ✓ 4 tickets for MEDICAL FAIR ASIA MEDICINE + SPORTS CONFERENCE
- ✓ Participation in get-together of the conference
- ✓ One-on-one business matching

PARTNERSHIP OPPORTUNITIES



01 September | SINGAPORE



16 - 17 NOVEMBER | DÜSSELDORF

GUIDED INNOVATION TOUR (Only Dusseldorf)

€3,900

- ✓ Inclusion in the Guided Innovation Tour at MEDICA 2022
- ✓ Logo, text on MEDICA MEDICINE + SPORTS CONFERENCE website
- ✓ Naming of the company in MMSC press activities



Date: 14-17 November 2022

Events: 3 Conferences and 7 Forums

Ticket Info - MMSC: 2-day ticket, 16 + 17 November: 169 EUR

The conference ticket includes admission to the MEDICA/COMPAMED trade fair and to all MEDICA/COMPAMED forums.

More info: www.medica.de

MEDICAL FAIR ASIA

Facts & Figures of the leading Medical Trade Show in Asia



Date: 01 September 2022

Venue: The Sands Expo & Convention Centre, Marina Bay Sands Singapore

Exhibition: MEDICAL FAIR ASIA is the No. 1 Medical and Healthcare trade fair

in the region, modelled after the sector's No. 1 global medical trade fair - MEDICA, organized by Messe Duesseldorf in Germany.

Ticket Info (on or before 17 Aug 2022): Medical Doctors*: \$ 150 Industry: \$ 300

*(Proof of document required, e.g. a copy of staff pass, name card or letter from the organisation)
Onsite-tickets are available at other price conditions

As the leading and most established trade fair focused on equipment and supplies for the hospital, diagnostic, pharmaceutical, medical and rehabilitation sectors, MEDICAL FAIR ASIA serves as an ideal international platform for some of the industry's best suppliers to showcase latest developments and product innovations in their field.


More info: www.medicalfair-asia.com

CONTACT US!



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